

# PACKING LIST

**DESTINATION:**

SE ASIA

**DURATION:**

90 DAYS

## TRAVEL DOCUMENTS:

PASSPORT

VISA

COPY OF PASSPORT

TRAVEL & HEALTH INSURANCE

FOREIGN CURRENCY

## MISCELLANEOUS

TOILET PAPER

PACKAGED WIPES

LAUNDRY DETERGENT

DAYPACK BACKPACK

BOOKS

## EXTRAS:

FLASHLIGHTS  
PACKING CUBES  
WATCH  
BLING

## TECH & GADGETS:

GOPRO  
DSLR  
TRIPOD  
CHARGERS FOR ALL DEVICES  
CELL PHONE CHARGER  
VOLTAGE CONVERTER  
PLUG ADAPTER  
PORTABLE BATTERY CHARGER  
PORTABLE BLUETOOTH SPEAKER

## TRAVEL ESSENTIALS:

BLACK PEN  
SUNGLASSES  
BUG SPRAY  
ANT SPRAY  
BEACH TOWELS  
TISSUES  
HAND SANITIZER  
SUNSCREEN

## MEDICINE:

ALOE VERA  
AFTER BITE OR BAI HWAH EEW  
GRAVOL  
ADVIL/ TYLENOL  
BENADRYL  
IMODIUM  
BANDAIDS  
BLISTER PACK  
ANY PERSONAL MEDS

## **CLOTHES:**

### **TOPS:**

TANK TOPS  
SHORT SLEEVES  
LONG SLEEVES

### **BOTTOMS:**

SHORTS  
SKIRTS  
PANTS

DRESSES

TEMPLE CLOTHING

BATHING SUITS

PYJAMAS/ LOUNGE CLOTHES

HATS

## **SHOES:**

EVERYDAY WALKING SHOES  
RUNNING SHOES  
SANDALS  
FLIP FLOPS  
NICE SHOES  
SOCKS

## **TOILETRIES:**

SHAMPOO/ CONDITIONER  
COMB/ BRUSH  
TOOTHBRUSH/ TOOTHPASTE  
FACE WASH  
BODY WASH  
WASH CLOTH  
FACE MOISTURIZER  
BODY LOTION  
HAIR SERUM  
HAIR SPRAY  
DRY SHAMPOO

MAKEUP KIT  
MAKEUP REMOVER  
NAIL CLIPPERS  
NAIL FILE  
TWEEZERS  
NAIL POLISH  
HAIR ELASTICS/ HEADBANDS  
DRY SHAMPOO  
CURLING IRON  
LADY PRODUCTS

## **OUTERWEAR:**

RAIN JACKET  
PULL OVER HOODIE  
ZIP UP SWEATER

## **UNDERWEAR:**

UNDIES  
DAY TO DAY BRAS  
SPORTS BRAS